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R. Miller Introduction

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Introducing OARS414

5 Elements of

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Principles of

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Interviewing Role-

Play -

Precontemplation

Stage - Smoking

Cessation Dr. William

Miller, \"Motivational

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Facilitating Change

Across Boundaries\"

Shaping Up Your

Motivational

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And Stages Of
Interviewing Role-
Play -**

**Precontemplative
Client Who Reports
Being in Action**

**Stage The
psychology of self-
motivation | Scott
Geller |**

TEDxVirginiaTech

Dr. Marilyn Herie - MI

Skills - Tobacco

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Cessation - Pre-
contemplative Stage
www.teachproject.ca
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Interviewing: Smoking
Cessation (Correct)
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Interviewing: Obesity
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Interviewing for

Anxiety - Dr. Wendy
Nickerson The Spirit
of Motivational

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Example - Alan Lyme

**Uncovering
Motivation and
Overcoming
Ambivalence**

*Motivational
Interviewing -
Diabetes and
Exercise*

**Motivational
Interviewing - An
M.I. Learning**

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Resource: The first

15 minutes

Motivational

Interviewing:

Ambivalence, Partner

Change Talk, \u0026

Sustain Talk Dr.

Jonathan Fader

Demonstrates

Motivational

Interviewing Skills

Motivational

Interviewing Role-

Play - Preparation

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Stage - Stimulant Use

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Interviewing: A

Dialogue with the

Practice's Co-founder

William R. Miller

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Interviewing for

Physical Activity

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Interviewing: Basic

Understanding

(Session 1)

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~~Interviewing Role-
Play Doubts about
Substance Use after
DUI Motivational~~

~~Interviewing in brief
consultations: role-
play focussing on
engaging~~

Motivational Interviewing And Stages Of

What is Motivational
Interviewing?

Motivational

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Interviewing (MI) is a specific approach in psychotherapy that began when William Miller published an article that covered principles for interviewing individuals who were abusing alcohol.

Later, Miller worked with Stephen Rollnick to define the MI technique as well as

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the stages of change,
and many of its
principles have
subsequently
received quite a bit of
exposure.

Motivational Interviewing: Stages of Change - Oxford

...

Stage 1: The earliest
stage an individual
might fall into is the

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Precontemplation

Stage. In this stage,
the person may be
experiencing some

negative issues
associated with their
substance use;

however, they do not
perceive these issues
as potentially serious
enough to motivate
them to consider
changing their
behavior.

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**Motivational
Interviewing: Stages
of Change -**

Recovery...

Five Stages of
Change &

Motivational

Interviewing. 1.

Precontemplation.

During the

precontemplation

stage, substance-

using persons are not

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considering change
and do not intend to
change behaviors in
... 2. Contemplation.

As these individuals
become aware that a
problem exists, they
begin to perceive ...

Five Stages of Change & Motivational Interviewing

Motivational

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Interviewing requires four key communication skills that support and strengthen the process of eliciting change talk, also known as OARS:

Open-ended questions; Affirming; Reflective listening; Summarizing; Open-ended questions in motivational

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Interviewing allow us to find out more about the client's perspective and ideas about change. They are also crucial in building and strengthening a collaborative relationship.

17 Motivational Interviewing Questions and Skills

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Stages of Change &
Motivational

Interviewing Welcome
to Recovery U Module

3: Stages of Change
and Motivational

Interviewing. By the
end of this Learning
Module, you will be
able to describe the
stages of change,
delineate some of the
principles of

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interviewing or MI,
summarize evidence
of its

Intimate Partner Stages of Change and Motivational Interviewing

The SI expects the program facilitator to use the Motivational Interviewing (Miller, 1996) techniques and the Stages of Change

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model (DiClemente & Velasquez, 2002), which are outlined in the SI...

Intimate Partner (PDF) Motivational Interviewing and the Stages of Change

The Four Processes
of Motivational
Interviewing.

1. Engaging.

Establishing a solid
therapeutic

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relationship is a foundational component of motivational interviewing. Qualities like empathy, ... 2. Focusing. 3. Evoking. 4. Planning.

The Four Processes of Motivational Interviewing

The Motivational
Interviewing (MI)

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style, strategies and skills have been used to address a wide range of challenges, including those very tough conversations in which there seems little hope of making progress in helping people.

**About Motivational
Interviewing |
Stephen Rollnick**

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Miller and Rollnick's motivational interviewing differs in that it utilizes a nonconfrontational, collaborative effort between therapist and client to spark motivation and initiate change. Rather than acting in an antagonistic or combative way, the therapist engages

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with the client to explore his feelings, including ambivalence about changing, and help the client find his own motivations.

Motivational Interviewing - drugabuse.com

Motivational
interviewing (MI) and
the trans - theoretical
model of behavioral

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change (TTM),
(sometimes called the
stages of change
theory) are two new
additions included in
the revision of this
book. These theories
are relatively recent
modi- fications of the
humanistic approach
to psycho- therapy
and counseling.

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Interviewing and the Stages of Change Theory

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Interviewing – Stages
of Change

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Interviewing is based on the understanding that we encounter MBHP Members in varying stages of readiness for change.

The following is a

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brief synopsis of
stage-appropriate
strategies for
engaging Members in
making healthy
lifestyle changes. An
important concept is

Motivational Interviewing Stages of Change

The Stages of
Change model and
motivational

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Interviewing

Prochaska and
DiClemente 2

proposed readiness
for change as a vital
mediator of
behavioural change.

Their transtheoretical
model of behaviour
change (the 'Stages
of Change') describes
readiness to change
as a dynamic
process, in which the

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pros and cons of
changing generates
ambivalence.

RACGP - Partner Motivational interviewing techniques ...

determine need for
more work in former
stages and/or
changes/additions to
the plan, etc.

Definition of

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Motivational
Interviewing
Interviewing “A
collaborative, person-
centered form of
guiding to elicit and
strengthen motivation
to change.” Miller and
Rollnick, 2009

**Four Fundamental
Processes in MI -
Motivational
interviewing**
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enhancement therapy is a specific type of motivational interviewing that involves structured feedback and future planning. Motivational enhancement therapy begins with an extensive assessment of the client's history of substance abuse and co-occurring mental health issues .

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**Motivational
Interviewing for
Substance Abuse &
Addiction**

Eight stages in learning motivational interviewing. Journal of Teaching in the Addictions. Caveats about the 8 stages 1. We just made them up. 2. They are probably not “stages”

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and certainly not discrete. They overlap. 3. They should not be reified. 4. They do not necessarily come in this order 5.

**Using the 8 stages
model as a roadmap
in advanced MI
training**

Motivational
interviewing is a

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counseling method
that helps people
resolve ambivalent
feelings and
insecurities to find the
internal motivation
they need to change
their behavior. It is a...

**Motivational
Interviewing |
Psychology Today**
Motivational
interviewing is a well

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Interviewing patient-centred approach that supports behaviour changes (Britt 2004).

When first developed by Miller and Rollnick over two decades ago, MI was used mainly in the fields of addiction and substance misuse (Rollnick 2010).

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Interviewing | **Ausmed**

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Interviewing helps

people to make up
their minds about how
to move forward

through the stages of
change, by helping
the individual to look
at the advantages and
disadvantages of
different choices and

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