

## Extraordinary Golf The Art Of The Possible

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Extraordinary Golf

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They think about what's wrong instead of what's possible, and this is what Extraordinary Golf teaches: the art of the possible. Drawing on his experience teaching both amateurs and professionals Most golfers approach the tee with a complex mental package: worries and judgments about their swing, the other person's swing, the course, the weather, looking good, looking bad.

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The co-author of the classic Extraordinary Golf offers an innovative approach to improving the overall game by developing one's capacity to learn, self-coach and practice using putting as a pathway to the whole game. Not just a tips-and-techniques book, Extraordinary Putting features a series of illustrated exercises that will help golfers:

Books » Extraordinary Golf

Fred Shoemaker, who began teaching golf in the seventies, is the founder of Extraordinary Golf® named one of Golf Magazine's "25 Best Golf Schools" in America. He lectures and conducts workshops around the world for such organizations as the PGA and the LPGA and for major corporations, including Apple Computer, Oracle, and Pfizer.

Extraordinary Golf: the Art of the Possible (Perigee ...

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Like 'Extraordinary Golf', 'Elements of Scoring' does not go into the technical aspect of a golf swing. Instead it focuses on getting the best out of your game by thinking things through and playing percentages, rather than clinging to the desperate hope that the next shot you hit will come out exactly as you want it to.

Extraordinary Golf: Amazon.co.uk: Shoemaker, Fred ...

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Extraordinary Golf: the Art of the Possible: Shoemaker ...

Extraordinary Golf by Fred Shoemaker and Pete Shoemaker (Perigee Trade; Reprint edition April 1, 1997) Most golfers approach the tee with a complex mental package: worries and judgments about their swing, the other person's swing, the course, the weather, looking good, looking bad.

Extraordinary Golf - LEAD FROM YOUR CURRENT POSITION

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Extraordinary Golf: The Art Of The Possible by FRED WITH ...

Extraordinary Golf programs have an uncommonly large scope and vision with an intention to rejuvenate a golfer's spirit of play, to rekindle their love of learning and their sense of possibility for the game. What people learn and discover from participating in Extraordinary Golf may alter their moment-to-moment experience of golf and life.

Most golfers approach the tee with a complex mental package: worries and judgments about their swing, the other person's swing, the course, the weather, looking good, looking bad. They think about what's wrong instead of what's possible, and this is what Extraordinary Golf teaches: the art of the possible. Drawing on his experience teaching both amateurs and professionals for more than fifteen years, in his clinics around the country, in his Golf in the Kingdom seminars at the Esalen Institute, and at his own School for Extraordinary Golf in California, Shoemaker shows how extraordinary golf can be coached, learned, and practiced, with results not only in people's scores but in their sheer pleasure in the game. Combining a host of practical exercises with an entirely new point of view, he demonstrates how to focus not on the voices in your head but on the reality of golf: the club, the ball, your body, the course - the elements that actually make up your game. He shows how to approach shots creatively, instead of mechanically; how to read greens simply by staying awake; how to develop a powerful and consistent swing by rediscovering trust for your instincts; and how to improve yourself in competition by determining what you're competing for. He also gives simple guidelines on how to coach yourself, your spouse, and your children successfully.

The co-author of the classic Extraordinary Golf offers an innovative approach to improving the overall game by focusing on putting, which accounts for more than one third of the strokes in a typical round. Not just a tips-and-techniques book, Extraordinary Putting features a series of illustrated exercises that will help golfers: - Develop the inner freedom to trust themselves and recognize self-imposed barriers - Find the peace of mind that comes from letting go of mental chatter and self-judgments - Increase awareness, allowing golfers to pay attention to their experiences - Understand the differences in those experiences from stroke to stroke - Master the art of self-coaching

A spiritual journey, a lush travelogue, a parable of sports and philosophy—John Updike called this unique novel “a golf classic if any exists in our day.” When an American traveler on his way to India stops to play a round on one of the most beautiful and legendary golf courses in Scotland, he doesn't know that his game—and his life—are about to change forever. He is introduced to Shivas Irons, a mysterious golf pro whose sublime insights stick with him long after the eighteenth hole. From the first swing of the Scotsman's club, he realizes he is in for a most extraordinary day. By turns comic, existential, and semiautobiographical, Michael Murphy's tale traces the arc of twenty-four hours, from a round of golf on the Links of Burningbush to a night fueled by whiskey, wisdom, and wandering—even a sighting of Seamus MacDuff, the holy man who haunts the hole they call Lucifer's Rug. “Murphy's book is going to alter many visions,” The New York Times Book Review declared. More than an unforgettable approach to one of the world's most popular sports, Golf in the Kingdom is a meditation on the power of a game to transform the self.

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Ed Tischler provides clear insights into how real breakthroughs are achieved, which is not by simply increasing time and effort, but by looking at, and altering, the fundamental way we approach the game. Fred Shoemaker (Extraordinary Golf - The Art Of The Possible

Combining ancient wisdom with a light and humorous touch, a guide to mastering the game of golf by first mastering your heart and mind introduces a unique approach that weaves together everything from Buddhist parables of wisdom to imaginative practical exercises and sensory training. Original.

### Turning Simple Disciplines into Massive Success & Happiness

The fun way to get a grip on every aspect of golf Golf is a popular spectator sport, but for those who play it's a great source of low impact cardiovascular, strength, and aerobic exercise. In addition, golf is by nature a social game that provides the opportunity to meet new people. Golf All-In-One For Dummies shows you not only how to get the most physical benefit from a round of golf, but also the tools you need to truly enjoy the game. From perfecting your swing to avoiding injuries, the proven techniques presented in this book give you everything you need to have the time of your life every time you hit the links. The basics of golf Details on the latest golf equipment and technology Tips on how to improve the short game, including putting, chipping, and getting out of tough spots Rules and etiquette that every golfer needs to know Plans for keeping fit and designing workouts to improve your game Mental tricks and exercises to help you succeed Tips on grips, stances, and swings New tips from top players on how to improve your game Great new courses, tournaments, players who have changed the game, and a review of golf's greatest moments Whether you already have some golf experience or are completely new to the game, Golf All-In-One For Dummies will have you playing like a pro in no time.

In this allegorical presentation of everyday life through the game of golf, a wayward golf pro realizes he is failing in the most important parts of his life. He is about ready to give up on the game when he encounters an obscure iconoclastic golfer and teacher whose simple sage advice and methods of teaching transcend anything Geoff has experienced before. 324 pp.

Paying homage to the three hundred top male and female players, this exciting, boldly illustrated guide to the top golfers in the world includes coverage of Bobby Jones, Arnold Palmer, Mildred Zaharias, Jack Nicklaus, Tiger Woods, Greg Norman, Fuzzy Zoeller, Sam Snead, Tom Wason, and others. Original.

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