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Coddon, and here's your guide to all things essential in San Diego's arts and culture this week. The Old Globe's springtime collaboration with KPBS, "Hamlet on the Radio," has graduated to

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a new ...

Arts & Culture Newsletter: Old Globe's 'Hamlet' lands on YouTube

According to the company's CEO ... eco-friendly body with high toughness and ample bearing capacity are some of the best features of this new collection. The company is expecting a good consumer ...

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Gbajabiamila's doublespeak on atrocious media bills

If there's anything we know about Rihanna, it's that she's big fan of tattoos and body art. In fact, the singer's most recent ... keep reading as we take you through a guide to Rihanna's tattoos.

What Do Rihanna's Tattoos Mean? Here's a Quick Guide

Meet Street Fighter V's "real-life" Chun-Li in this incredibly accurate cosplay. Street Fighter is one of Capcom's most beloved fighting games, making the rounds since 1987. Inspired by the ...

Competitive Bodybuilder Slips Into Street Fighter's Chun-Li Persona in Kick-Ass Cosplay

It's 100 percent Kate being Kate – she's the best in the business for

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a reason,” Kim Kardashian West tells British Vogue exclusively.

[You're Not Ready For Kate Moss's Skims Underwear Campaign](#)

‘What I really loved about conductive education is that it doesn’t just focus on the part of the body that’s affected but it ... her business as an NLP practitioner, hypnotherapist and ...

[How this Fareham practitioner is a tour guide in your brain](#)

Even Lena Dunham admitted her ribcage chandelier tattoo was a 'copy' of Riri's goddess Isis tattoo placement. Here's an extensive guide to ... decorated parts of her body. Her right hand in ...

[Rihanna's Tattoos: A Guide To The Fenty Beauty Founder's Body Art](#)

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Oliver Art Center hosts wellness classes year-round. Each class has a fee and typically sign up is required, but they suggest contacting the instructor with any questions. Anyone interested should ...

Wellness Arts program returns to Oliver Art Center

Houston is a city filled with diverse cultures and an art scene that's even more versatile. Explore the world-renowned museums housed in Houston's museum district, or scout what other Houston studios ...

Here are 8 art and culture exhibits in Houston that are absolutely worth a visit

With rates of the disease in younger populations continuing to skyrocket, now's the time to stop thinking of colon cancer as an "old

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person's problem." ...

Your Comprehensive Guide to Colon Cancer

Photographer Reza Akram spent seven years documenting angampora, an indigenous fighting style banned by British colonizers.

Capturing Sri Lanka's Ancient, Almost Lost Martial Art

The stars offer boundless insight, which these days is frequently presented through horoscopes. Our horoscopes can illuminate our daily experiences and help us recognize how the planets' movements — ...

Birth Charts 101: An Astrology Beginner's Guide to Understanding

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the Planets

(1) It is important to understand the nature of threats, the various ways they present, and the makeup of your body's neurochemistry ... The Pocket Guide to the Polyvagal Theory: The ...

Psychology Today

But the heartening news is that yoga, a form of mind-body discipline involving ... and energy can work wonders. So it's no brainer then, that the art of yoga is being readily accepted and ...

Improve, sustain, balance: Yoga for PCOS

Back in 2016, Rihanna added a camo-print shark tattoo to her ever-expanding collection of body art — inspired ... tattoo tattoos The young person's guide to conquering (and saving) the ...

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Rihanna Seems to Have Covered Up Matching Shark Tattoo She Once Had With Drake

The successful challenge of the hegemonic position of Hollywood and European art cinema within Anglo-US film ... through a fetishization of the male kung fu body imagined as an... In Sammo Hung's Wong ...

Asian Cinemas: A Reader and Guide

An invaluable gift of India's ancient tradition, yoga has been practiced for centuries bringing its practitioners in union ... retreat to learn the art, science and language of yoga at its ...

Discover A Renewed Sense Of Travel & Wellbeing At These 7

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Resorts On International Yoga Day

It's a holiday weekend, but it's also a First Friday weekend. On July 2, the FF lineup ranges from live painting at a Melrose gallery to a celebration of Frida Kahlo at a Miracle Mile art studio.

Don't Forget: This Friday's a First Friday in Phoenix

Organizers maintain that the show “democratizes the artist’s body of work,” providing ... Our critic’s guide to three discoveries. “The Art of Banksy,” another exhibition not ...